

Western Carolina University
FALL 2025 LIBERAL STUDIES CHECK-SHEET
(Courses are 3 credit hours unless noted otherwise.)

Please refer to the schedule of classes for the most current information regarding Liberal Studies course offerings and availability. Courses that meet Liberal Studies requirements may be found using the Advanced Search option in the schedule of classes in myWCU. Attribute = LibStdy.

THE CORE (21 HOURS)

C1. Writing, 6 hours

ENGL 101 Writing and Rhetoric (Freshman Year)
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

C2. Mathematics, 3 hours

MATH 101 Mathematical Concepts
MATH 130 Precalculus I**
MATH 170 Applied Statistics
(MATH 146, MATH 153, MATH 221, and MATH 270 also meet this requirement provided student's major requires any of them.)

**MATH 130 has a co-requisite requirement of MATH 100 Precalculus I Support.

C3. Oral Communication, 3 hours

COMM 201 Foundations of Communication

C4. Wellness, 3 hours

HEAL 111 Stress Management for Health & Wellness
HEAL 123 Health & Wellness
HSCC 101 Nutrition, Fitness & Wellness

C5. Physical & Biological Sciences, 6 hours

Courses must be taken in two different disciplines.

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of BIOL 180, ENVH 200, ENVH 210, NRM 150, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy
BIOL 103 Environmental Biology
BIOL 104 Human Biology
CHEM 101 Chemistry in Society
ENVH 130 Environmental Health Science: Systems & Solutions
ESI 140 Oceanography
GEOL 140 Investigations in Environmental Geology
GEOL 141 Earth History & Prehistoric Life
GEOL 145 Climate Change and Water Resources
GEOL 151 Earth: Geology, Resources, Hazards, and Environment
NRM 140 Natural Resource Conservation & Management
PHYS 105 Contemporary Physics

THE FIRST-YEAR SEMINAR (3 HOURS)

- a. Students transferring in 0-15 credit hours are required to take this course in their first year.
- b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a FYS course, but it is not required.
- c. Students with 30 or more credit hours are not eligible to take FYS courses.
- d. When a student is not required to take a FYS course, it is considered waived. The student does not have to make up the hours in the Liberal Studies program, but they will still need to graduate with the same number of hours required by the program of the major (total hours for the degree are not reduced).
- e. A FYS course cannot be repeated, and it is therefore not possible to replace a grade received in a FYS course.
- f. Grading for all FYS courses is A, B, C, I (“Incomplete”), or U (“Unsatisfactory”).
- g. Students receiving a “U” grade must make up the unearned credits from the FYS course by taking another course in the Liberal Studies Program.
- h. Transition courses such as LEAD, COUN, USI 101 & 130 are *not* considered First-Year Seminar courses.

(FYS Continued)

BA 195 Movers & Shakers: Exp. Leaders & Experiential Leadership
BIOL 192 Plants and Society
CIS 195 The Information Society at Work
CM 190 Green Building & Sustainability
COMM 190 Media Literacy in the Age of Social Media
COMM 199 Leadership Communication
CS 191 How Does Software Work?
EDCI 191 Teachers, Schools, and Society
ENGL 190 Literature
ENGL 191 Creative Writing
ENGR 199 Introduction to Engineering Practices and Principles I
(Engineering majors only)
ENT 195 Social Entrepreneurship
ENVH 190 From Black Death to Bioterrorism
HSCC 192 Intro to Health Professions
ND 190 Personal Nutrition
PAR 190 Freedom, Culture, & Utopia
PAR 193 Cults & Covens: Investigating New Religious Movements
PSC 190 Freshman Seminar in Political Science
RTH 190 Disability as Diversity

THE PERSPECTIVES (18 HOURS)

P1. Social Sciences, 6 hours (2 courses)

Courses must be taken in two different disciplines.

ANTH 110 Introduction to Archaeology
ANTH 115 Introduction to Biological Anthropology
ANTH 432 Bioanthropology of Race
ECON 231 Introductory Microeconomics & Social Issues
ECON 232 Introductory Macroeconomics & Social Issues
ENGR 435 Technology and Society
ENVH 200 Intro to Public Health
ENVH 300 Occupational Health
FIN 210 Managing your Money for Financial Success
FIN 350 So You Want to be a Millionaire
LAW 406 Media Law
PRM 323 Leisure & the Pursuit of Happiness
PSC 101 American Government & Politics
PSY 150 General Psychology
PSY 320 Developmental Psychology: Childhood
PSY 331 Human Sexuality
SOC 103 Human Society
SOC 235 Social Problems
SOC 414 Race and Ethnicity
SOCW 251 Social Issues, Policy, & Programs
SOCW 354 Human Behavior & the Social Environment
SOCW 402 Diversity in Contemporary Society

P2. Category Has Changed to Core 5 (Physical & Biological Sciences)

P3. History, 3 hours

HIST 107 World Cultures in Historical Perspective
HIST 131 North American History to 1865
HIST 132 US History Since 1865
HIST 210 African History to 1880
HIST 212 Colonial Latin America
HIST 220 Ancient Empires
HIST 222 European History since 1517
HIST 234 Immigration and Ethnicity in US History
HIST 236 Native American Lives
HIST 237 African American History
HIST 238 History of American Pop Culture: Music, Movies, & Media
HIST 250 Urban History: Cities and Suburbs in the U.S.
HIST 341 North Carolina History

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P4. Humanities, 3 hours

ECON 344 Ethics of Capitalism
ENGL 207 Popular Literature & Culture
ENGL 209 Past Times: Literature & History
ENGL 278 Introduction to Film Studies
ENGL 333 Introduction to Shakespeare
ENGL 368 Film Genres
HIST 271 Religion in America
HIST 281 Transformations in European Religious History
LAW 201 Individual Rights
LAW 412 Business Ethics & Corporate Responsibility
PAR 101 Western Philosophical Traditions
PAR 102 Western Moral Traditions
PAR 121 Religious Ethics: Global Faiths & Moral Problems
PAR 146 Judaism, Christianity & Islam
PAR 250 Origins of Early Christianity
PAR 304 Ancient Greek and Roman Thought
PAR 309 Philosophy in & of Film
PAR 313 Philosophy of Law
PAR 315 Philosophy of Mind
PAR 319 Philosophy of Race
PAR 320 Classics
PAR 330 Wilderness: Ethics and Aesthetics in the American Landscape
PAR 332 Biomedical Ethics: Healthcare & Social Justice
PRM 365 Nature Rx
SM 340 Sport Ethics

P5. Fine & Performing Arts, 3 hours

ART 104 Introduction to the Visual Arts
DA 259 Dance Appreciation
FPA 101 Experiencing the Arts
FTP 340 Filmmakers on Filmmaking
IDES 250 Introduction to Interior Design
MUS 101 Music Appreciation
MUS 102 Music in American Culture
MUS 300 Country Music: A Cultural & Stylistic History
MUS 304 Jazz Appreciation
THEA 104 The Theatre Experience

P6. World Cultures, 3 hours

Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 140, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Introduction to Cultural Anthropology
CHER 101 Experiencing Cherokee & the Cherokee-Speaking World
CM 365 Construction and Culture
COMM 415 Intercultural Communication
ENGL 366 Literature and Immigration
ENGR 365 Global Engineering & Technology
ENVH 210 Introduction to Global Health
FREN 101 Beginning French I
GEOG 103 Cultural Geography
GEOG 440 Explorations in Regional Geography
GER 101 Beginning German I
HT 238 Travel and Tourism
JPN 101 Beginning Japanese I
LATX 220 Introduction to U.S. Latinx Studies
MUS 303 The World of Music
ND 310 Food, Nutrition & Culture
PAR 145 Religions of Asia
PAR 251 Islam, Past and Present
PAR 260 Religion, Gender, Sexuality
PAR 353 Religion in Film

(P6 Continued)

PAR 357 Hinduism
PAR 322 International Adventure Travel & Global Citizenship
PSC 169 World Order & Disorder: Exploring Global Politics
SM 350 Global Sport & Culture
SOC 160 Chinese Culture and Society
SPAN 101 Beginning Spanish I

UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.