

**Western Carolina University**  
**SPRING 2022 LIBERAL STUDIES CHECK-SHEET**  
(Courses are 3 credit hours unless noted otherwise.)

**THE CORE (21 HOURS)**

**C1. Writing, 6 hours**

ENGL 101 Writing and Rhetoric (Freshman Year)  
ENGL 202 Writing and Critical Inquiry (Sophomore Year)

**C2. Mathematics, 3 hours**

MATH 101 Mathematical Concepts  
MATH 130 Precalculus I\*\*  
MATH 170 Applied Statistics  
(Satisfied if student passes any MATH course 101 or higher, except for MATH 190-199, MATH 301, and MATH 400.)

\*\*MATH 130 will be assigned with MATH 100 Support Course

**C3. Oral Communication, 3 hours**

COMM 201 Foundations of Communication

**C4. Wellness, 3 hours**

HEAL 111 Stress Management for Health & Wellness  
HEAL 123 Health & Wellness  
HSCC 101 Nutrition, Fitness & Wellness

**C5. Physical & Biological Sciences, 6 hours**

***Courses must be taken in two different disciplines***

Other 100-200 level science courses from AST, BIOL, CHEM, ENVH, GEOL, NRM and PHYS (with the exceptions of ENVH 200, ENVH 210, NRM 213, NRM 240, and courses numbered from 190-199) meet this requirement.

AST 102 Introductory Observational Astronomy  
AST 103 The Solar System  
BIOL 102 Human Genetics  
BIOL 104 Human Biology  
CHEM 101 Chemistry in Society  
GEOL 140 Investigations in Environmental Geology  
GEOL 150 Methods in Geology (4 credit hours)  
NRM 140 Natural Resource Conservation & Management  
PHYS 105 Contemporary Physics

**THE FIRST-YEAR SEMINAR (3 HOURS)**

**Transition courses such as USI, LEAD, COUN are NOT considered First-Year Seminars.**

- a. Students transferring in 0-15 credit hours are required to take this course in their first year.
- b. Students transferring in 15.1 – 29.9 credit hours are eligible to take a First-Year Seminar, but it is not required. The FYS is waived and the student does not have to make up the hours in the Liberal Studies program, but will need to graduate with the number of hours required by their program.
- c. Students with 30 or more credit hours are not eligible to take a FYS.
- d. Grading for the First-Year Seminar is A, B, C, or U (Unsatisfactory).
- e. If a student receives a grade of U in the First Year Seminar he/she must make up the hours by taking another course in the Liberal Studies Program.

BIOL 192 Plants and Society  
CM 190 Green Building & Sustainability  
COMM 190 A User's Guide to the Mass Media  
CS 191 How Does Software Work?  
ENGL 190 Freshman Seminar in Literature  
ENGL 191 Creative Writing  
ENGR 199 Engineering Seminar Freshman (*Engineering majors only*)  
HIST 190 First Year Seminar: Pirates & Piracy  
MATH 193 Cryptography: The Science of Secrets  
ND 190 Personal Nutrition  
PSC 190 Freshman Seminar in Political Science  
RTH 190 Disability as Diversity  
SOC 195 Sociology of Black America

**THE PERSPECTIVES (18 HOURS)**

\*Denotes courses with an Inclusive Excellence component.

**P1. Social Sciences, 6 hours (2 courses)**

***Courses must be taken in two different disciplines***

ANTH 110 Origins of Civilization  
BA 133 Introduction to Business  
ECON 231 Microeconomics & Social Issues  
ECON 232 Macroeconomics  
\*ENVH 200 Intro to Public Health  
ENVH 300 Occupational Health  
FIN 210 Managing your Money for Financial Success  
FIN 350 So You Want To Be A Millionaire  
LAW 406 Media Law  
MKT 409 Negotiations/Relationship Marketing  
PSC 101 American Government & Politics  
PSY 150 General Psychology  
PSY 320 Developmental Psychology 1: Childhood  
PSY 331 Human Sexuality  
\*SOC 103 Human Society  
\*SOC 235 Social Problems  
\*SOC 414 Race and Ethnicity  
\*SOCW 251 Social Issues, Policy, & Programs  
\*SOCW 354 Human Behavior & the Social Environment  
\*SOCW 402 Diversity in Contemporary Society

**P2. Category Has Changed to Core 5 (Physical & Biological Sciences)**

**P3. History, 3 hours**

\*HIST 107 World Cultures in Historical Perspective  
\*HIST 131 North American History to 1865  
\*HIST 132 US History Since 1865  
\*HIST 211 African History Since 1880  
\*HIST 213 Latin American History II  
\*HIST 221 Birth of Europe: 312-1517  
\*HIST 222 European History since 1517  
\*HIST 234 Immigration and Ethnicity in U.S. History  
\*HIST 236 Native American Lives  
HIST 250 Urban History: Cities and Suburbs in the US  
HIST 308 Explorations in Regional History: Russia & West  
HIST 341 North Carolina History  
HIST 351 History of American Education

**P4. Humanities, 3 hours**

ECON 344 Ethics of Capitalism  
ENGL 206 Literature and the Environment  
\*ENGL 208 LGBTQ+ Literature  
ENGL 209 Past Times: Literature & History  
ENGL 352 The Journey in Literature  
ENGL 368 Film Genres  
ENGL 390 The Bible as Literature  
HIST 271 Religion in America  
LAW 201 Individual Rights  
LAW 412 Business Ethics & Corporate Responsibility  
PAR 101 Western Philosophical Traditions  
PAR 121 Religious Ethics and Moral Problems  
PAR 146 Western Religious Traditions  
PAR 201 Philosophy of Sex and Love  
PAR 306 Early Modern Philosophy from Copernicus to Kant  
PAR 309 Philosophy in & of Film  
PAR 315 Philosophy of Mind  
PAR 320 Philosophical & Religious Classics: Phil Race  
PAR 320 Philosophical & Religious Classics: Hebrew Bible  
PAR 320 Philosophical & Religious Classics: Afro-Caribb  
PAR 332 Biomedical Ethics & Social Justice  
PAR 333 Environmental Ethics  
PRM 365 Nature Rx  
SM 340 Sport Ethics

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**P5. Fine & Performing Arts, 3 hours**

ART 104 Introduction to The Visual Arts  
DA 259 Dance Appreciation  
FPA 101 Experiencing the Arts  
**FTP 340** Filmmakers on Filmmaking  
IDES 250 Introduction to Interior Design  
MUS 101 Music Appreciation  
MUS 102 Music in American Culture  
**MUS 300** Country Music: A Cultural and Stylistic History  
**MUS 302** History of Rock Music  
**MUS 304** Jazz Appreciation  
THEA 104 The Theatre Experience

**\*P6. World Cultures, 3 hours**

Satisfied if student passes Modern Foreign Language (MFL) 101, 102, 110, 231, 232, 240, or 301. Only three credit hours earned in MFL apply to P6 category.

ANTH 120 Comparative Cultural Systems  
CHER 101 Cherokee & Cherokee-Speaking World  
CHER 232 Intermediate Cherokee II  
**CM 365** Construction and Culture  
**COMM 415** Intercultural Communication  
ENVH 210 Global Disparities in Public Health  
FREN 101 Experiencing French & the Francophone World  
FREN 102 Experiencing French & the Francophone World II  
FREN 232 Intermediate French II  
GEOG 103 Cultural Geography  
GEOG 140 World Geography  
**GEOG 440** Regional Geography: Asia  
GER 101 Beginning German I  
GER 102 Beginning German II  
GER 232 Intermediate German II  
HT 238 Travel and Tourism  
JPN 101 Beginning Japanese I  
JPN 102 Beginning Japanese II  
JPN 232 Intermediate Japanese II  
LATX 220 - Introduction to U.S. Latinx Studies  
**MKT 407** Global Consumer Culture  
**MUS 303** The World of Music  
**ND 310** Food, Nutrition & Culture  
PAR 145 Eastern Religious Traditions  
PAR 260 Religion, Gender, Sexuality  
**PAR 342** Theory & Method in the Study of Religion  
**PAR 353** Religion in Film  
**PRM 322** International Adventure Travel & Global Citizenship  
PSC 169 Global Issues  
**SM 350** Global Sport & Culture  
SOC 160 Chinese Culture and Society  
SPAN 101 Spanish & Spanish-Speaking World  
SPAN 102 Spanish & Spanish-Speaking World II  
SPAN 231 Intermediate Spanish I  
SPAN 232 Intermediate Spanish II  
SPAN 240 Accelerated Intermediate Spanish (6 credit hours)  
**SPAN 301** Spanish Conversation & Composition

**UPPER LEVEL PERSPECTIVE (ULP) (300-400 level)**

ONE OF THE PERSPECTIVES CATEGORIES MUST BE MET WITH AN UPPER LEVEL PERSPECTIVE COURSE THAT IS OUTSIDE OF THE DISCIPLINE OF THE MAJOR. ULPs are bolded. Students should not enroll in courses numbered above their class rank without permission of the department offering the course.

**NOTE: Courses used to meet Liberal Studies requirements (with the exception of Upper Level Perspective) may be used simultaneously to meet other requirements, including requirements in the major.**